

## Benzyl sulfide, sulfoxide and sulfinate metabolites from *Gastrodia elata* and their synthesis, derivatization and anti-inflammatory activity

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**Citation:** Chengbo Xu, Lei Wang, Xue Zhou, Shuai Shao, Chengjuan Chen, Xiaoqiang Lei, Tiantai Zhang, Jiachen Zi, Jiangong Shi, Qinglan Guo, Benzyl sulfide, sulfoxide and sulfinate metabolites from *Gastrodia elata* and their synthesis, derivatization and anti-inflammatory activity, *Chinese Journal of Natural Medicines*, 2026, 24(3), 365–372. doi: [10.1016/S1875-5364\(26\)61110-7](https://doi.org/10.1016/S1875-5364(26)61110-7).

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## Original article

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## ARTICLE INFO

## Article history:

Received 9 January 2025

Revised 1 April 2025

Accepted 3 June 2025

Available online 20 February 2026

## Keywords:

*Gastrodia elata*

Sulfur-bearing benzyl metabolites

Synthesis

Anti-inflammatory activity

## ABSTRACT

Five novel sulfur-containing benzyl metabolites, designated as gastrabenzylsulfoxides A and B (**1** and **2**), gastrabenzylsulfinate A (**3**) and gastrabenzylsulfides A and B (**4** and **5**), along with four known compounds (**6–9**), were isolated from the aqueous extracts of *Gastrodia elata*. Compounds **1** and **4** are 4-hydroxy-3-(4'-hydroxybenzyl)benzyl-substituted sulfoxide and sulfide, respectively, which are unprecedented in natural products. Compound **3** represents a rare sulfinate. Several isolates and their sulfone and disulfide analogs (**10–13**) were synthesized to evaluate their anti-inflammatory activity. Notably, the synthesized sulfone **10** demonstrated significant alleviation of symptoms in multiple *in vivo* inflammatory models.

## 1. Introduction

The steamed and dried rhizomes of *Gastrodia elata* Blume (Orchidaceae), referred to as Tianma in traditional Chinese medicine, have been widely utilized for treating various nervous disorders and inflammation-related diseases, such as rheumatism and arthralgia<sup>1,2</sup>. To date, over 130 compounds have been isolated from this plant. The majority of these compounds are benzyl-bearing derivatives, including simple benzyl alcohols, polybenzyls (e.g., dimers, trimers, tetramers, and pentamers), and sulfur-bearing benzyl derivatives (such as sulfides, sulfoxides, sulfones, and benzyl-substituted sulfur-bearing amino acids and oligopeptides)<sup>1–11</sup>. Many benzyl-bearing compounds exhibit neuroprotective activities. For instance, gastrodin, a major metabolite of *G. elata*, has been shown to alleviate lead-induced brain injury in mice by regulating the Wnt/Nrf2 pathway<sup>12</sup>. Additionally, **20C**, a polybenzyl tetramer, exhibits potent neuroprotection through mechanisms involving multiple pathways<sup>13–16</sup>. Furthermore, divanillyl sulfone has been reported to ameliorate chronic neuropathic pain by suppressing the activation of the nod-like receptor thermal protein domain associated protein 3 (NLRP3) inflammasome<sup>17</sup>.

Although extensive research has explored the neuroprotective effects of *G. elata* metabolites, few studies have focused on their anti-inflammatory properties. Notably, many benzyl-bearing metabolites from *G. elata* act as neuroprotection agents *via in*

flammatory mechanisms. For example, gastrodin can activate NLRP3 inflammasome<sup>18</sup>, while 3,4-dihydroxybenzaldehyde modulates the expression of anti-inflammatory cytokines and inhibits the MAPK and NF- $\kappa$ B pathways<sup>19</sup>. These findings suggest that benzyl-bearing metabolites also play crucial roles in the anti-inflammatory effects of *G. elata*. Given that numerous sulfur-containing natural products possess significant anti-inflammatory activities<sup>20</sup>, we investigated sulfur-containing benzyl derivatives from the aqueous extracts of *G. elata*, leading to the isolation of five new and four known compounds of this class (Fig. 1). Among them, **1–3** are racemates that were separated using chiral chromatography. Compounds **1** and **4** are 4-hydroxy-3-(4'-hydroxybenzyl)benzyl-substituted sulfoxide and sulfide, respectively, marking the first discovery of natural compounds with sulfur-bearing polybenzyl moieties. Compound **3** is a rare sulfinate. The isolates and their analogs (**10–13**) (Fig. 1) were synthesized for *in vivo* evaluation of their anti-inflammatory activities, and **10** showed the highest activity.

## 2. Results and discussion

## 2.1. Structural elucidation of the isolates

Compound **1**, obtained as yellowish gum with  $[\alpha]_D^{20} \approx 0$  (*c* 0.46, MeOH), exhibited a molecular formula of C<sub>21</sub>H<sub>20</sub>O<sub>4</sub>S according to its sodium adduct at *m/z* 391.0991 [M + Na]<sup>+</sup> (Calcd. for C<sub>21</sub>H<sub>20</sub>O<sub>4</sub>SNa, 391.0975) in its high-resolution electrospray ionization mass spectrometry (HR-ESI-MS) spectrum. The <sup>1</sup>H nuclear magnetic resonance (NMR) spectrum of **1** (Table 1) showed three groups of the characteristic signals attributable to a trisub-

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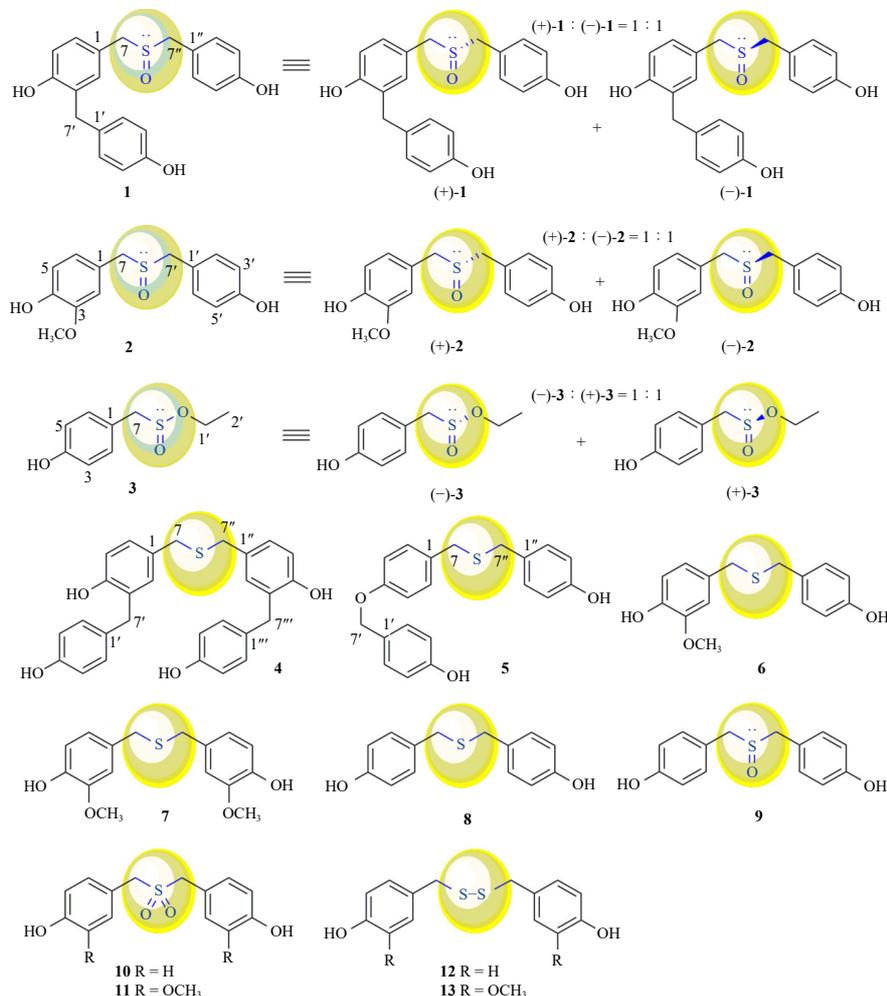


Fig. 1 Chemical structures of compounds 1–13.

stituted phenyl [ $\delta_{\text{H}}$  7.02 (br s, 1H), 7.01 (br d,  $J = 8.4$  Hz, 1H) and 6.83 (d,  $J = 8.4$  Hz, 1H)] and two disubstituted phenyls [ $\delta_{\text{H}}$  7.08 (d,  $J = 8.4$  Hz, 2H) and 6.71 (d,  $J = 8.4$  Hz, 2H);  $\delta_{\text{H}}$  7.13 (d,  $J = 8.4$  Hz, 2H) and 6.81 (d,  $J = 8.4$  Hz, 2H)]. The heteronuclear single quantum coherence (HSQC) experiment assigned one-bond linkages between hydrogens and carbons, indicating the presence of three methylene groups [ $\delta_{\text{H}}$  3.91 (d,  $J = 12.6$  Hz, 1H) and 3.71 (d,  $J = 12.6$  Hz, 1H),  $\delta_{\text{C}}$  57.4;  $\delta_{\text{H}}$  3.86 (s, 2H),  $\delta_{\text{C}}$  35.3;  $\delta_{\text{H}}$  3.92 (d,  $J = 12.6$  Hz, 1H) and 3.73 (d,  $J = 12.6$  Hz, 1H),  $\delta_{\text{C}}$  57.2]. Heteronuclear multiple bond correlations (HMBCs) from  $\text{H}_2$ -7 to C-1 and C-2/C-6, from  $\text{H}_2$ -7' to C-1', C-2'/C-6', C-4 and C-3/C-5, from OH-4 to C-3/5 and C-4, and from OH-4' to C-3'/5' and C-4', constructed a moiety of 3-(4'-hydroxybenzyl)-4-hydroxybenzyl. Additional HMBCs from  $\text{H}_2$ -7'' to C-1'' and C-2''/C-6'' and from OH-4'' to C-3''/5'' and C-4'' indicated the presence of a 4-hydroxybenzyl group (Fig. 2). Subsequently, 3-(4'-hydroxybenzyl)-4-hydroxybenzyl and 4-hydroxybenzyl were linked via a sulfoxide group, supported by the HMBCs from  $\text{H}_2$ -7 to C-7'' and  $\text{H}_2$ -7'' to C-7 (Fig. 2), consistent with the molecular formula of 1. Thus, the structure of 1 was determined, and named gastrabenzylsulfoxide A. Using a semi-preparative chiral column, 1 was separated into (+)-1 and (-)-1 in a 1:1 ratio (Fig. 3). The experimental CD spectra of (+)-1 and (-)-1 matched the theoretically calculated ECD spectra of the *S* and *R* enantiomers (Fig. 4), respectively.

Compound 2 was isolated as a white amorphous powder. Similar to 1, 2 may also be a racemate, as evidenced by its  $[\alpha]_{\text{D}}^{20} \approx 0$  ( $c$  0.87, MeOH). The molecular formula of 2 was determined as  $\text{C}_{15}\text{H}_{16}\text{O}_4\text{S}$  based on HR-ESI-MS and NMR data (Table 1). The  $^1\text{H}$  NMR spectrum (Table 1) showed two sets of signals assignable to

a trisubstituted phenyl [ $\delta_{\text{H}}$  6.95 (br s, 1H), 6.81 (overlapped, 1H) and 6.81 (overlapped, 1H)] and a disubstituted phenyl [ $\delta_{\text{H}}$  7.18 (d,  $J = 8.4$  Hz, 2H) and 6.83 (d,  $J = 8.4$  Hz, 2H)]. Furthermore, the HMBC correlations from  $\text{H}_2$ -7 to C-1 and C-2/C-6, from  $\text{H}_2$ -7' to C-1' and C-2'/C-6', from OH-4 to C-3/5 and C-4, from OH-4' to C-3'/5' and C-4', and from  $\text{H}_3$ -OCH<sub>3</sub> to C-3' (Fig. 2), suggested that these two phenyl groups correspond to a 4-hydroxy-3-methoxybenzyl and a 4-hydroxybenzyl. We inferred that two moieties were linked via a sulfoxide group based on HMBCs  $\text{H}_2$ -7 to C-7'' and  $\text{H}_2$ -7'' to C-7 (Fig. 2), together with the molecular formula of 2. Thus, the structure of 2 was elucidated and named gastrabenzylsulfoxide B. After its two enantiomers were separated, the configurations of (+)-2 and (-)-2 with a 1:1 ratio (Fig. 3) were determined to be *S* and *R*, respectively, by comparing their experimental and calculated ECD spectra (Fig. 4).

Compound 3 was obtained as yellowish gum with  $[\alpha]_{\text{D}}^{20} \approx 0$  ( $c$  0.79, MeOH). Its molecular formula,  $\text{C}_9\text{H}_{12}\text{O}_3\text{S}$ , was determined by HR-ESI-MS ( $m/z$  201.0577 [ $\text{M} + \text{H}$ ]<sup>+</sup>). The  $^1\text{H}$  and  $^{13}\text{C}$  NMR data (Table 1) indicated the presence of a 4-hydroxybenzyl [ $\delta_{\text{H}}$  7.20 (d,  $J = 8.4$  Hz, 2H), 6.83 (d,  $J = 8.4$  Hz, 2H), 3.98 (d,  $J = 13.2$  Hz, 1H) and 3.85 (d,  $J = 13.2$  Hz, 1H);  $\delta_{\text{C}}$  121.3, 132.6, 116.2, 158.2 and 63.9] and an ethyl [ $\delta_{\text{H}}$  1.23 (t,  $J = 7.2$  Hz, 3H), 3.98 (dq,  $J = 10.8$  and 7.2 Hz, 1H) and 4.04 (dq,  $J = 10.8$  and 7.2 Hz, 1H);  $\delta_{\text{C}}$  16.1 and 64.4]. We inferred that the structure of 3 is ethyl 4-hydroxybenzylsulfonate based on its molecular formula and the chemical shifts of C-7 and C-1'. The inequivalence of two pairs of geminal protons on C-7 and C-1' further supports the linkage of these carbons to the chiral sulfinate. Subsequently, 3 was synthesized to validate its structure (Scheme 1). Thus, the structure

**Table 1** NMR spectroscopic data for compounds 1–5<sup>a</sup>.

No.	1		2		3		4		5	
	$\delta_c$ , type	$\delta_H$ (J in Hz)	$\delta_c$ , type	$\delta_H$ (J in Hz)	$\delta_c$ , type	$\delta_H$ (J in Hz)	$\delta_c$ , type	$\delta_H$ (J in Hz)	$\delta_c$ , type	$\delta_H$ (J in Hz)
1	123.0, C		123.6, C		121.3, C		130.1, C		131.4, C	
2	133.1, CH	7.02 br s	114.4, CH	6.95 br s	132.6, CH	7.20 d (8.4)	131.8, CH	6.95 d (1.8)	130.8, CH	7.22 d (8.4)
3	129.6, C		148.3, C		116.2, CH	6.83 d (8.4)	129.1, C		115.5, CH	6.94 d (8.4)
4	155.6, C		147.4, C		158.2, C		154.6, C		158.9, C	
5	116.0, CH	6.83 d (8.4)	115.8, CH	6.81 overlapped	116.2, CH	6.83 d (8.4)	115.8, CH	6.78 d (7.8)	115.5, CH	6.94 d (8.4)
6	129.9, CH	7.01 br d (8.4)	123.9, CH	6.81 overlapped	132.6, CH	7.20 d (8.4)	128.5, CH	6.91 dd (7.8, 1.8)	130.8, CH	7.22 d (8.4)
7a	57.4, CH <sub>2</sub>	3.91 d (12.6)	58.0, CH <sub>2</sub>	3.98 d (12.6)	63.9, CH <sub>2</sub>	3.98 d (13.2)	35.5, CH <sub>2</sub>	3.45 s	35.5, CH <sub>2</sub>	3.56 s
7b		3.71 d (12.6)		3.78 d (12.6)		3.85 d (13.2)		3.45 s		3.56 s
1'	132.6, C		123.2, C		64.4, CH <sub>2</sub>	4.04 dq (10.8, 7.2)	132.8		129.1, C	
						3.98 dq (10.8, 7.2)				
2'	130.6, CH	7.08 d (8.4)	132.3, CH	7.18 d (8.4)	16.1, CH <sub>3</sub>	1.23 t (7.2)	130.6	7.08 d (8.4)	130.3, CH	7.31 d (8.4)
3'	115.9, CH	6.71 d (8.4)	116.2, CH	6.83 d (8.4)			115.8	6.73 d (8.4)	115.9, CH	6.85 d (8.4)
4'	156.4, C		158.1, C				156.3		158.0, C	
5'	115.9, CH	6.71 d (8.4)	116.2, CH	6.83 d (8.4)			115.8	6.73 d (8.4)	115.9, CH	6.85 d (8.4)
6'	130.6, CH	7.08 d (8.4)	132.3, CH	7.18 d (8.4)			130.6	7.08 d (8.4)	130.3, CH	7.31 d (8.4)
7'a	35.3, CH <sub>2</sub>	3.86 s	57.6, CH <sub>2</sub>	3.98 d (12.6)			35.3	3.84 s	70.4, CH <sub>2</sub>	4.98 s
7'b				3.78 d (12.6)				3.84 s		
1''	123.0, C								130.0, C	7.13 d (8.4)
2''	132.3, CH	7.13 d (8.4)							130.9, CH	6.78 d (8.4)
3''	116.2, CH	6.81 d (8.4)							115.9, CH	
4''	158.1, C								157.1, C	6.78 d (8.4)
5''	116.2, CH	6.81 d (8.4)							115.9, CH	7.13 d (8.4)
6''	132.3, CH	7.13 d (8.4)							130.9, CH	3.59 s
7''a	57.2, CH <sub>2</sub>	3.92 d (12.6)							35.7, CH <sub>2</sub>	3.59 s
7''b		3.73 d (12.6)								
OCH <sub>3</sub>			56.2, CH <sub>3</sub>	3.83 s						
OH-4		8.45 br s		7.66 br s		8.45 br s		8.18 br s		
OH-4'		8.10 br s		8.43 br s				8.18 br s		8.28 br s
OH-4''		8.47 br s								8.39 br s

<sup>a</sup> NMR data ( $\delta$ ) were measured in acetone-*d*<sub>6</sub> at 600 MHz for 1–5. Coupling constants (*J*) in Hz are given in parentheses. The assignments were based on DEPT, <sup>1</sup>H–<sup>1</sup>H COSY, HSQC, and HMBC experiments, and the data were presented as calculated using the solvent peak as the reference.

of **3** was confirmed and named gastrabenzylsulfinate A. **3** was also separated into a pair of enantiomers, (–)-**3** and (+)-**3**, in approximately a 1:1 ratio (Fig. 3). Their configurations were determined to be *S* and *R*, respectively, by comparing their measured and calculated ECD spectra (Fig. 4). Sulfur-containing natural products isolated to date primarily include sulfides, disulfides, trisulfides, sulfoxides, sulfones, sulfonates, sulfates, sulfonamides, sulfamates, thioesters, thioamides, isothiocyanates, thiazoles and thiazolines<sup>21</sup>, with few sulfinate reported.

Compound **4**, a white amorphous powder, has a molecular formula of C<sub>28</sub>H<sub>26</sub>O<sub>4</sub>S, as determined by HR-ESI-MS and NMR data (Table 1). The NMR data (Table 1) are similar to those of 3-(4'-hydroxybenzyl)-4-hydroxybenzyl in **1**, with the main differences being the chemical shifts of C-1 and C-7 [ $\delta_c$  130.1 (C-1) and 35.5

(C-7) for **4**;  $\delta_c$  123.0 (C-1) and 57.4 (C-7) for **1**]. This observation suggested that **4** contains 3-(4'-hydroxybenzyl)-4-hydroxybenzyl group(s), which was confirmed by HMBC experiments (Fig. 2). However, the oxidation states of sulfur atoms differ between **1** and **4**. Based on the molecular formula of **4**, we inferred a symmetric structure, where two 3-(4'-hydroxybenzyl)-4-hydroxybenzyl moieties are linked *via* a thioether bond. This hypothesis was further supported by HMBCs between C-7/C-7'' and H<sub>2</sub>-7''/H<sub>2</sub>-7 (Fig. 2) and their respective chemical shifts. Thus, the structure of **4** was assigned as bis-[4-hydroxy-3-(4'-hydroxybenzyl)benzyl]sulfide and named gastrabenzylsulfide A.

Compound **5** was obtained as a white amorphous powder. Its molecular formula was determined to be C<sub>21</sub>H<sub>20</sub>O<sub>3</sub>S based on HR-ESI-MS and NMR data (Table 1). The <sup>1</sup>H and <sup>13</sup>C NMR spectra

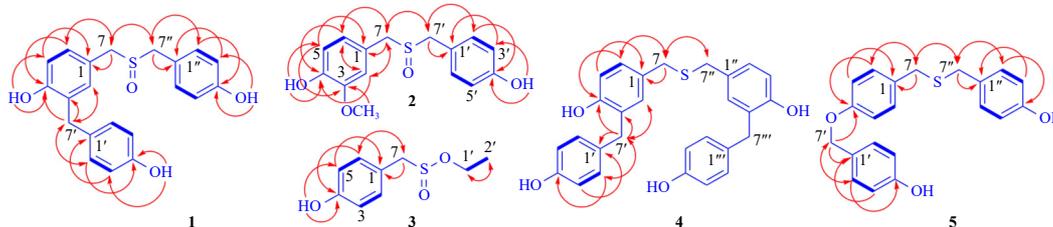


Fig. 2 Key  $^1\text{H}$ - $^1\text{H}$  COSY (thick lines) and HMBCs (red arrows) of compounds **1**-**5**.

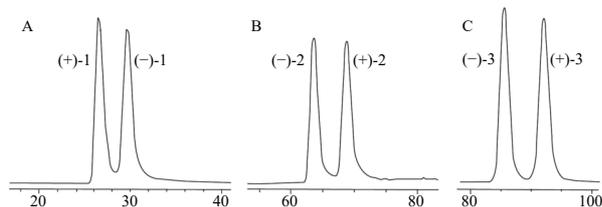


Fig. 3 The HPLC chromatograms of **1** (A), **2** (B) and **3** (C) on Chiralpak AD-H column (5  $\mu\text{m}$ , 250 mm  $\times$  10 mm;  $T$  23  $^\circ\text{C}$ ). (A and B) Flow rate: 1.4 mL $\cdot\text{min}^{-1}$ ; mobile phase: *n*-hexane-*i*PrOH mixture (3:1, V/V); (C) Flow rate: 1.3 mL $\cdot\text{min}^{-1}$ ; mobile phase: *n*-hexane-*i*PrOH mixture (9:1, V/V).

(Table 1) revealed three sets of signals, each attributable to three *p*-oxybenzyls. These assignments were confirmed by HMBCs from OH-4' to C-3'/5' and C-4', from OH-4'' to C-3''/5'' and C-4'', from H<sub>2</sub>-7 to C-1 and C-2/C-6, from H<sub>2</sub>-7' to C-1' and C-2'/C-6', and from H<sub>2</sub>-7'' to C-1'' and C-2''/C-6'' (Fig. 2). Additionally, these three moieties were shown to be tethered together through HMBCs from H<sub>2</sub>-7/H<sub>2</sub>-7'' to C-7''/C-7 and from H<sub>2</sub>-7' to C-4 (Fig. 2). Therefore, the structure of **5** was determined as 4-(4'-hydroxybenzyloxy)benzyl 4-hydroxybenzyl sulfide and named gastrabenzylsulfide B.

Four known compounds (**6**-**9**) were identified as 4-hydroxybenzyl 4-hydroxy-3-methoxybenzyl sulfide<sup>22</sup>, bis-vanillyl sulfide<sup>23</sup>, bis-(4-hydroxybenzyl) sulfide<sup>24</sup>, and bis-(4-hydroxybenzyl) sulfoxide<sup>11</sup>.

## 2.2. Anti-inflammatory effects and cytotoxicities of **7** and the synthetic analogs *in vitro*

The anti-inflammatory activities of the isolates were evaluated using a cellular model. At a concentration of 10  $\mu\text{g}\cdot\text{mL}^{-1}$ , only **7** significantly inhibited LPS-induced production of IL-6 and TNF- $\alpha$ , with the inhibition ratios of 70.8% and 75.3%, respectively. To obtain sufficient quantities of **7** and generate structurally diverse sulfur-containing benzyl derivatives for further bioassays, we synthesized **7** and four other compounds, including two sulfones (**10** and **11**) and two disulfides (**12** and **13**). Both **10** and **11** exhibited significant inhibitory activities against LPS-induced production of IL-6 and TNF- $\alpha$  *in vitro* at 10  $\mu\text{g}\cdot\text{mL}^{-1}$ , with inhibition ratios of 60.8% and 74.0%, and 51.6% and 67.8% (Table S4), respectively. To ensure that **7**, **10**, and **11** warranted further evaluation in animal models, their cytotoxicities were assessed using BV2 cell lines. **10** and **11** demonstrated nontoxic profiles, with cell viabilities exceeding 88.5% at 20  $\mu\text{g}\cdot\text{mL}^{-1}$  (Table S5). In

contrast, **7** exhibited moderate cytotoxicity, with cell viabilities of 80.9% at 10  $\mu\text{g}\cdot\text{mL}^{-1}$  and 77.6% at 20  $\mu\text{g}\cdot\text{mL}^{-1}$  (Table S5).

## 2.3. Anti-inflammatory effects **7**, **10**, and **11** on various models *in vivo*

We then evaluated the *in vivo* anti-inflammatory activities of **7**, **10**, and **11**. Ear piece weights of individual mice were measured before and after compound treatment to evaluate cutaneous inflammation. At a dose of 10 mg $\cdot\text{kg}^{-1}$ , **7**, **10**, and **11** inhibited croton oil-induced ear swelling in mice, with inhibition ratios of 49.7%, 57.3%, and 39.9% (Table S6), respectively.

Given that **10** showed the highest inflammatory activity, we further investigated its effects on pro-inflammatory factors in a mouse septicemia model. Compared with the negative control group, the levels of IL-6 and TNF- $\alpha$  showed a sharp increase in the model group. Treatment with **10** (10 mg $\cdot\text{kg}^{-1}$ ) significantly inhibited the production of IL-6 and TNF- $\alpha$  from day 6 post-administration, and the effect was comparable to that of dexamethasone (2 mg $\cdot\text{kg}^{-1}$ ) (Fig. S1).

Finally, we tested the effects of **10** on an adjuvant-induced arthritis (AIA) rat model. Visible erythema and swelling were observed in the hindpaws of AIA model rats. At 10 mg $\cdot\text{kg}^{-1}$ , **10** decreased the arthritis index and significantly alleviated swelling symptoms in knee joint circumference and hindpaws from day 6 after intraperitoneal administration (Fig. 5).

## 3. Conclusions

In summary, we isolated and structurally elucidated five new and four known sulfur-containing benzyl derivatives from the aqueous extracts of *G. elata*. **1** and **4** feature unusual sulfur-bearing polybenzyl moieties, while **3** is a unique sulfinate. We also synthesized four analogs, including two sulfones (**10** and **11**) and two disulfides (**12** and **13**). In *in vitro* anti-inflammatory bioassays, **7**, **10** and **11** dramatically inhibited LPS-induced production of IL-6 and TNF- $\alpha$ . On the *in vivo* inflammatory models, the synthesized sulfone **10** showed significant anti-inflammatory effects.

## 4. Experimental

### 4.1. General experimental procedures

Optical rotations were measured using a P-2000 polarimeter

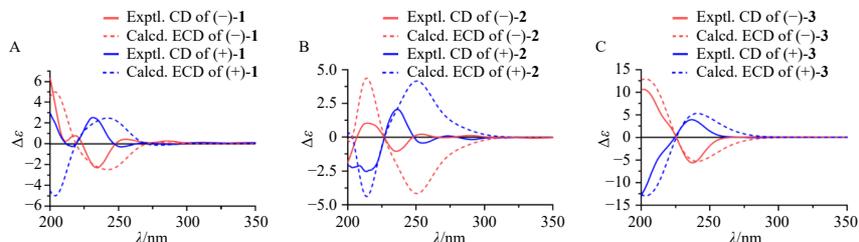
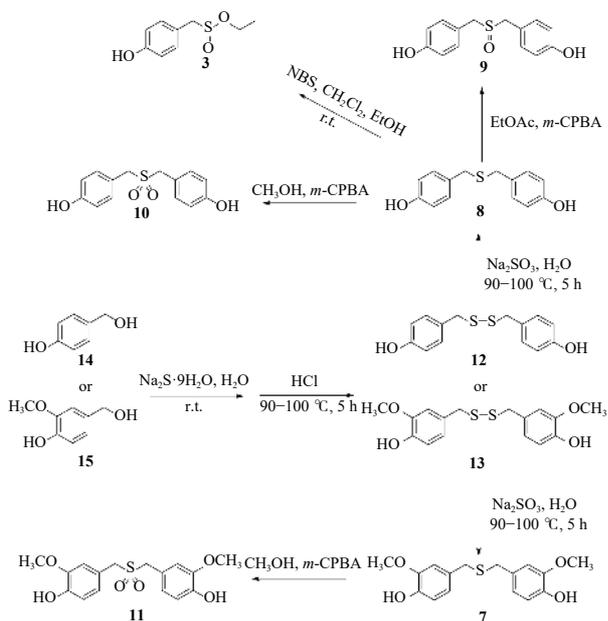


Fig. 4 Experimental and calculated ECD spectra for (+)-**1** (A), (+)-**2** (B), and (+)-**3** (C).



**Scheme 1** Synthesis of **3** and **7**–**13**.

(JASCO, Tokyo, Japan). UV spectra were recorded on a V-650 spectrometer (JASCO, Tokyo, Japan). The CD spectra were measured on a JASCO J-815 spectropolarimeter (JASCO, Tokyo, Japan). IR spectra were recorded on a Nicolet 5700 FT-IR microscope transmission spectrometer (Thermo Electron Corporation, Madison, WI, USA). 1D and 2D NMR spectra were acquired at 600 or 500 MHz for  $^1\text{H}$  and 150 or 125 MHz for  $^{13}\text{C}$ , respectively, on SYS 600 MHz (Varian Associates Inc., Palo Alto, USA) or Bruker 500 (Bruker, Karlsruhe, Germany) spectrometers, with solvent peaks serving as references. ESI-MS and HR-ESI-MS data were measured using an Agilent 1100 Series LC-MSD-Trap-SL and an Agilent 6520 Accurate-Mass Q-TOFL CMS spectrometer (Agilent Technologies, Ltd., Santa Clara, CA, USA), respectively. Column chromatography (CC) was performed using macroporous adsorbent resin (HPD-110, Cangzhou Bon Absorber Technology Co., Ltd., Cangzhou, China), silica gel (200–300 mesh, Qingdao Marine Chemical Inc., Qingdao, China), Sephadex LH-20 (Pharmacia Biotech AB, Uppsala, Sweden), and MCI gel (CHP20P, 75–150  $\mu\text{m}$ ) (Mitsubishi Chemical Corporation, Tokyo, Japan). High-performance liquid chromatography (HPLC) separation was per-

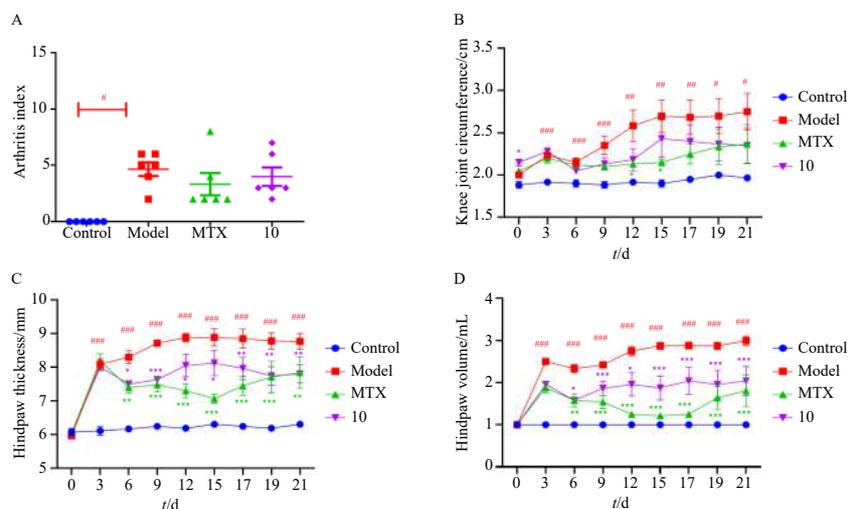
formed on an Agilent 1100 instrument (Agilent Technologies, Ltd., Santa Clara, CA, USA), using a Grace semi-preparative column packed with  $\text{C}_{18}$  reversed phase silica gel (250 mm  $\times$  10 mm, i.d. 5  $\mu\text{m}$ ) (Grace Inc., Columbia, SC, USA), or a Chiralpak AD-H column (250 mm  $\times$  10 mm, i.d. 5  $\mu\text{m}$ ) (Daicel Chiral Technologies Co., Ltd., Shanghai, China). Thin layer chromatography (TLC) was performed on glass precoated silica gel GF<sub>254</sub> plates (Qingdao Marine Chemical Inc., Qingdao, China). Spots were visualized under UV light or by spraying with 5%  $\text{H}_2\text{SO}_4$  in EtOH followed by heating. Unless otherwise noted, all chemicals were purchased from commercially available sources.

#### 4.2. Plant material

For all details, please refer to reference <sup>11</sup>.

#### 4.3. Extraction and isolation

For the extraction and fractionation, please refer to references <sup>3, 4, 6–8, 15</sup>. The combined fractions C4 and C5 (6.8 g in total) were chromatographed on a silica gel column using an increasing gradient of acetone (0–100%) in petroleum ether to afford sub-fractions C4 + 5-1–C4 + 5-18. Subfraction C4 + 5-14 (94.5 mg) was crystallized from a mixture of petroleum ether–acetone (1:1, V/V) to afford **9** (15.4 mg). Separation C4 + 5-6 (29 mg) was further separated on a Sephadex LH-20 column eluted with petroleum ether– $\text{CH}_2\text{Cl}_2$ –MeOH (5:5:1, V/V/V), yielding C4 + 5-6-1 and C4 + 5-6-2. C4 + 5-6-1 was purified by RP-HPLC ( $\text{C}_{18}$  column, 50% MeOH in  $\text{H}_2\text{O}$ ) to yield **3** (3.2 mg,  $t_{\text{R}}$  15.4 min), which was further separated into (–)-**3** (1.6 mg,  $t_{\text{R}}$  85.0 min) and (+)-**3** (1.6 mg,  $t_{\text{R}}$  91.6 min) by semi-preparative HPLC (Chiralpak AD-H column, *n*-hexane–*i*PrOH, 9:1, V/V). C4 + 5-7 (150 mg) was also separated on a Sephadex LH-20 column, eluted with petroleum ether– $\text{CH}_2\text{Cl}_2$ –MeOH (5:5:1, V/V/V) to give C4 + 5-7-1–C4 + 5-7-3. C4 + 5-7-1 (8 mg) was further separated by the prepared TLC ( $\text{CH}_2\text{Cl}_2$ –MeOH, 30:1, V/V) into C4 + 5-7-1-1 and C4 + 5-7-1-2. C4 + 5-7-1-2 (2.9 mg) was purified by RP-HPLC ( $\text{C}_{18}$  column, 60% MeOH in  $\text{H}_2\text{O}$ ) to afford **6** (0.8 mg,  $t_{\text{R}}$  14.5 min) and **7** (1.0 mg,  $t_{\text{R}}$  10.4 min). C4 + 5-7-2 (6.7 mg) was separated by the prepared TLC ( $\text{CH}_2\text{Cl}_2$ –MeOH, 30:1, V/V) into C4 + 5-7-2-1 and C4 + 5-7-2-2. C4 + 5-7-2-2 (1.5 mg) was purified by RP-HPLC (Grace  $\text{C}_{18}$  column, 60% MeOH in  $\text{H}_2\text{O}$ ) to give **2** (1.6 mg,  $t_{\text{R}}$  16.7 min). Chiral separation of **2** by a Chiralpak AD-H column (*n*-hexane–*i*PrOH, 3:1, V/V) led to (–)-**2** (0.6 mg,  $t_{\text{R}}$  63.5 min) and (+)-**2** (0.6 mg,  $t_{\text{R}}$  68.7 min). C4 + 5-11 (371 mg) was separated over Sephadex LH-



**Fig. 5** Anti-inflammatory effects of **10** on the adjuvant induced rat arthritis model (mean  $\pm$  SEM,  $n = 6$ ). (A) Arthritis index; (B) Knee joint circumference (cm); (C) Hindpaw thickness (mm); (D) Hindpaw volume (mL). MTX: the positive drug methotrexate. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  vs model group; # $P < 0.05$ , ## $P < 0.01$ , ### $P < 0.001$  vs control group.

20, eluted with petroleum ether-CH<sub>2</sub>Cl<sub>2</sub>-MeOH (5:5:1, V/V/V) to give C4 + 5-11-1-C4 + 5-11-5. C4 + 5-11-3 (10.2 mg) was purified by RP-HPLC (C<sub>18</sub> column, 70% MeOH in H<sub>2</sub>O) to yield **5** (1.4 mg, t<sub>R</sub> 42.4 min). C4 + 5-11-5 (33.4 mg) was separated by the prepared TLC (CH<sub>2</sub>Cl<sub>2</sub>-MeOH, 15:1, V/V) to yield C4 + 5-11-5-1-C4 + 5-11-5-5. C4 + 5-11-5-1 (16.2 mg) was further purified by RP-HPLC (C<sub>18</sub> column, 70% MeOH in H<sub>2</sub>O) to yield **1** (13 mg), which was further separated on a Chiralpak AD-H column, using *n*-hexane-*i*PrOH (3:1, V/V) as the mobile phase to yield (+)-**1** (6.2 mg, t<sub>R</sub> 26.5 min) and (-)-**1** (6.2 mg, t<sub>R</sub> 29.7 min). C4 + 5-11-5-2 (1.3 mg) was purified by RP-HPLC (C<sub>18</sub> column, 70% MeOH in H<sub>2</sub>O) to afford **4** (1.1 mg, t<sub>R</sub> 24.9 min). C4 + 5-11-5-5 (4.5 mg) was purified by RP-HPLC (C<sub>18</sub> column, 60% MeOH in H<sub>2</sub>O) to afford **8** (2.1 mg, t<sub>R</sub> 30.7 min).

Gastrabenzylsulfoxide A (**1**): yellowish gum; [ $\alpha$ ]<sub>D</sub><sup>20</sup> ≈ 0.0 (c 0.46, MeOH); UV (MeOH) λ<sub>max</sub> (log ε) 204 (3.29), 232 (2.86), 280 (2.18) nm; IR ν<sub>max</sub> 3289, 2925, 2697, 1686, 1612, 1513, 1444, 1368, 1210, 1150, 1109, 993, 896, 834, 803, 779, 725 cm<sup>-1</sup>; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 600 MHz) and <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 150 MHz) data (Table 1); ESI-MS: *m/z* 391 [M + Na]<sup>+</sup>, 407 [M + K]<sup>+</sup>, 367 [M - H]<sup>-</sup>, 403 [M + Cl]<sup>-</sup>; (+)-HR-ESI-MS: *m/z* 391.0991 [M + Na]<sup>+</sup> (Calcd. for C<sub>21</sub>H<sub>20</sub>O<sub>4</sub>SNa, 391.0975). (-)-**1**: [ $\alpha$ ]<sub>D</sub><sup>20</sup> +3.3 (c 0.86, MeOH); CD (MeOH) 232 (Δε<sub>232</sub> +2.5); (-)-**1**: [ $\alpha$ ]<sub>D</sub><sup>20</sup> -3.6 (c 0.93, MeOH); CD (MeOH) 235 (Δε<sub>235</sub> -2.3).

Gastrabenzylsulfide B (**2**): white amorphous powder; [ $\alpha$ ]<sub>D</sub><sup>20</sup> ≈ 0.0 (c 0.87, MeOH); UV (MeOH) λ<sub>max</sub> (log ε) 203 (2.73), 235 (2.28), 281 (1.75) nm; IR ν<sub>max</sub> 3366, 2920, 2850, 1712, 1666 (sh), 1611, 1515, 1453, 1374, 1274, 1174, 1157, 1127, 1030, 837, 799, 772, 740, 700 cm<sup>-1</sup>; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 600 MHz) and <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 150 MHz) data (Table 1); ESI-MS: *m/z* 315 [M + Na]<sup>+</sup>; HR-ESI-MS: *m/z* 315.0667 [M + Na]<sup>+</sup> (Calcd. for C<sub>15</sub>H<sub>16</sub>O<sub>4</sub>SNa, 315.0662). (+)-**2**: [ $\alpha$ ]<sub>D</sub><sup>20</sup> +2.4 (c 0.05, MeOH); CD (MeOH) 236 (Δε<sub>236</sub> +2.1); (-)-**2**: [ $\alpha$ ]<sub>D</sub><sup>20</sup> -2.7 (c 0.05, MeOH); CD (MeOH) 236 (Δε<sub>236</sub> -1.0).

Gastrabenzylsulfinate A (**3**): yellowish gum; [ $\alpha$ ]<sub>D</sub><sup>20</sup> ≈ 0.0 (c 0.79, MeOH); UV (MeOH) λ<sub>max</sub> (log ε) 203 (3.03), 232 (2.76), 279 (1.93) nm; IR ν<sub>max</sub> 3321, 2984, 2926, 1680, 1614, 1597, 1517, 1449, 1387, 1233, 1203, 1137, 1107, 1013, 899, 872, 840, 802, 775, 722 cm<sup>-1</sup>; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 600 MHz) and <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 150 MHz) data (Table 1); ESI-MS: *m/z* 223 [M + Na]<sup>+</sup>, 423 [2M + Na]<sup>+</sup>; HR-ESI-MS: *m/z* 201.0577 [M + H]<sup>+</sup> (Calcd. for C<sub>9</sub>H<sub>13</sub>O<sub>3</sub>S, 201.0580). (-)-**3**: [ $\alpha$ ]<sub>D</sub><sup>20</sup> -18.1 (c 0.21, MeOH); CD (MeOH) 238 (Δε<sub>238</sub> -5.6); (+)-**3**: [ $\alpha$ ]<sub>D</sub><sup>20</sup> +16.3 (c 0.19, MeOH); CD (MeOH) 237 (Δε<sub>237</sub> +3.9).

Gastrabenzylsulfide A (**4**): white amorphous powder; UV (MeOH) λ<sub>max</sub> (log ε) 204 (3.57), 224 (sh, 3.16), 281 (1.43) nm; IR ν<sub>max</sub> 3460, 2912, 1662 (sh), 1610, 1511, 1436, 1365, 1255, 1204, 1173, 1098, 1015, 951, 908, 891, 827, 776, 733 cm<sup>-1</sup>; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 600 MHz) and <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 150 MHz) data (Table 1); ESI-MS: *m/z* 481 [M + Na]<sup>+</sup>, 497 [M + K]<sup>+</sup>, 457 [M - H]<sup>-</sup>, 493 [M + Cl]<sup>-</sup>; HR-ESI-MS: *m/z* 481.1437 [M + Na]<sup>+</sup> (Calcd. for C<sub>28</sub>H<sub>26</sub>O<sub>4</sub>SNa, 481.1444).

Gastrabenzylsulfide B (**5**): white amorphous powder; UV (MeOH) λ<sub>max</sub> (log ε) 203 (2.86), 227 (2.63), 278 (1.83) nm; IR ν<sub>max</sub> 3339, 2921, 1685 (sh), 1597, 1513, 1423, 1233, 1168, 1107, 1058, 1034, 836 cm<sup>-1</sup>; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 600 MHz) and <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 150 MHz) data (Table 1); ESI-MS: *m/z* 351 [M - H]<sup>-</sup>; HR-ESI-MS: *m/z* 353.1214 [M + H]<sup>+</sup> (Calcd. for C<sub>21</sub>H<sub>21</sub>O<sub>3</sub>S, 353.1206).

#### 4.4. Synthesis of **3** and **7-13**

##### 4.4.1. Synthesis of bis-(4-hydroxybenzyl)disulfide (**12**) and bis-(3-methoxy-4-hydroxybenzyl)disulfide (**13**)

To a solution of Na<sub>2</sub>S·9H<sub>2</sub>O (80 mmol) in H<sub>2</sub>O (200 mL), 6 N HCl (25 mL) and 4-hydroxybenzyl alcohol (**14**) or 4-hydroxy-3-

methoxybenzyl alcohol (**15**) (40 mmol) were slowly added. The mixture was stirred for 5 h at 100 °C. After cooling to room temperature, the resulting solution was extracted with EtOAc (200 mL × 2), dried by anhydrous H<sub>2</sub>SO<sub>4</sub>, and purified by silica gel chromatography (PE-EtOAc, 2:1) to yield bis-(4-hydroxybenzyl) disulfide (**12**, 70%) or bis-vanillyl disulfide (**13**, 75%). **12**: light yellow powder; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 8.33 (2H, s, OH-4/4'), 7.14 (4H, d, *J* = 8.5 Hz), 6.80 (4H, d, *J* = 8.5 Hz), 3.66 (4H, s); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 157.6, 131.3, 128.9, 115.9, 43.0; (-)-HR-ESI-MS *m/z* 277.0361 [M - H]<sup>-</sup> (Calcd. for C<sub>14</sub>H<sub>13</sub>O<sub>2</sub>S<sub>2</sub>, 277.0351). **13**: light yellow powder; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 7.57 (2H, s, OH-4/4'), 6.89 (2H, d, *J* = 2.0 Hz), 6.77 (2H, dd, *J* = 8.5, 2.0 Hz), 6.76 (2H, dd, *J* = 8.5 Hz), 3.85 (6H, s, 3/3'-OCH<sub>3</sub>), 3.67 (4H, s); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 148.2, 147.0, 129.6, 123.1, 115.7, 113.8, 56.3 (-OCH<sub>3</sub>), 43.7; (-)-HR-ESI-MS *m/z* 337.0577 [M - H]<sup>-</sup> (Calcd. for C<sub>16</sub>H<sub>17</sub>O<sub>4</sub>S<sub>2</sub>, 337.0563).

##### 4.4.2. Synthesis of bis-vanillyl sulfide (**7**) and bis-(4-hydroxybenzyl) sulfide (**8**)

Compound **13** (2.96 mmol) or **12** (3.60 mmol) was dissolved in H<sub>2</sub>O (40 mL), followed by the addition of Na<sub>2</sub>SO<sub>3</sub> (7.14 mmol). The reaction mixture was stirred for 5 h at 100 °C, slowly cooled to room temperature, and further stirred for 1 h at 0-5 °C. After filtration, the filter cake was washed with water (5 mL × 2), and dried by air at 40 °C to obtain **8** (71%) or **7** (84%). **7**: white powder; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 7.46 (2H, s, OH-4/4'), 6.89 (2H, br s), 6.76 (4H, br s), 3.59 (4H, s); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 148.1, 146.4, 130.7, 122.4, 115.5, 113.2, 56.2 (-OCH<sub>3</sub>), 36.2; (+)-HR-ESI-MS: *m/z* 329.0809 [M + Na]<sup>+</sup> (Calcd. for C<sub>16</sub>H<sub>18</sub>O<sub>4</sub>SNa, 329.0810) <sup>23</sup>. **8**: white powder; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 8.27 (2H, s, OH-4/4'), 7.17 (4H, d, *J* = 8.5 Hz), 6.82 (4H, d, *J* = 8.5 Hz), 3.60 (4H, s); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 156.1, 129.8, 128.3, 115.1, 34.6; (-)-HR-ESI-MS *m/z* 245.0635 [M - H]<sup>-</sup> (Calcd. for C<sub>14</sub>H<sub>13</sub>O<sub>2</sub>S, 245.0642) <sup>24</sup>.

##### 4.4.3. Synthesis of bis-(4-hydroxybenzyl)sulfone (**10**) and bis-(3-methoxy-4-hydroxybenzyl)sulfone (**11**)

Compound **8** (0.92 mmol) or **7** (0.92 mmol) was dissolved in methanol (10 mL), followed by the slow addition of *m*-CPBA (2.02 mmol). The reaction mixture was stirred at room temperature for 3 h. Methanol was then removed under reduced pressure at 40 °C. The residue was re-dissolved in CH<sub>2</sub>Cl<sub>2</sub> (10 mL), stirred at room temperature for 1 h and then cooled to 0-5 °C for 1 h. The mixture was filtered, washed with dichloromethane (2 mL × 2), and dried to obtain **10** (82%) or **11** (75%). **10**: light yellow powder; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 8.49 (2H, s, OH-4/4'), 7.25 (4H, d, *J* = 9.0 Hz), 6.85 (4H, d, *J* = 9.0 Hz), 4.19 (4H, s); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 158.1, 132.8, 118.6, 115.8, 57.1; (-)-HR-ESI-MS *m/z* 277.0537 [M - H]<sup>-</sup> (Calcd. for C<sub>14</sub>H<sub>13</sub>O<sub>4</sub>S, 277.0529). **11**: light yellow powder; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 7.74 (2H, s, OH-4/4'), 7.01 (2H, dd, *J* = 3.5, 7.5 Hz), 6.88 (2H, d, *J* = 7.5 Hz), 6.85 (2H, d, *J* = 3.5 Hz), 4.22 (2H, s), 4.21 (2H, s), 3.84 (6H, s, 3/3'-OCH<sub>3</sub>); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 148.3, 147.9, 125.0, 120.5, 115.8, 115.3, 58.1, 56.3 (-OCH<sub>3</sub>); (-)-HR-ESI-MS *m/z* 337.0752 [M - H]<sup>-</sup> (Calcd. for C<sub>16</sub>H<sub>17</sub>O<sub>6</sub>S, 337.0740).

##### 4.4.4. Synthesis of **3**

Compound **8** (1.00 mmol) was dissolved in CH<sub>2</sub>Cl<sub>2</sub> (20 mL), followed by the addition of NBS (1.20 mmol) and ethanol (1.0 mL). The mixture was stirred at room temperature for 2 h. **3** (51%) was obtained *via* silica gel column chromatography (PE-EtOAc, 1:1).

##### 4.4.5. Synthesis of **9**

Compound **8** (0.92 mmol) was dissolved in CH<sub>2</sub>Cl<sub>2</sub> (10 mL),

and *m*-CPBA (0.92 mmol) was slowly added. The reaction mixture was stirred at room temperature for 1 h and then cooled to 0–5 °C for 1 h. After filtration, the filter cake was washed with CH<sub>2</sub>Cl<sub>2</sub> (2 mL × 2), and dried at 40 °C to obtain **9** (78%). **9**: white solid; <sup>1</sup>H NMR (acetone-*d*<sub>6</sub>, 500 MHz) δ<sub>H</sub> 9.58 (2H, s, OH-4/4'), 7.15 (4H, d, *J* = 8.0 Hz), 6.77 (4H, d, *J* = 8.0 Hz), 4.25 (4H, s); <sup>13</sup>C NMR (acetone-*d*<sub>6</sub>, 125 MHz) δ<sub>C</sub> 157.6, 132.3, 118.1, 115.3, 56.6 <sup>11</sup>, (+)-HR-ESI-MS: *m/z* 263.0736 [M + H]<sup>+</sup> (Calcd. for C<sub>14</sub>H<sub>15</sub>O<sub>3</sub>S, 263.0736).

#### 4.5. ECD calculations

ECD calculations for (±)-**1**, (±)-**2**, and (±)-**3** were performed as previously described <sup>7</sup>.

#### 4.6. Anti-inflammatory activities assays

##### 4.6.1. In vitro activity against IL-6 and TNF-α

BV-2 cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 U·mL<sup>-1</sup> penicillin, 100 μg·mL<sup>-1</sup> streptomycin, and 5.5 mmol·L<sup>-1</sup> glucose at 37 °C under 5% CO<sub>2</sub> and 95% humidity. To evaluate the influence of test compounds on the production of IL-6 and TNF-α, BV-2 cells were preincubated with varying concentrations of tested compounds (10, 1, 0.1 μg·mL<sup>-1</sup>) for 1 h, followed by stimulation with LPS (1 μg·mL<sup>-1</sup>) for 24 h. Post-incubation, the culture supernatants from the BV-2 cells were harvested and subsequently analyzed using commercial enzyme-linked immunosorbent assay (ELISA) kits according to the manufacturer's instructions (Thermo Fisher Scientific, Waltham, MA, USA). The optical density (OD) at 450 nm was measured using an ELISA plate reader (Synergy H1, BioTek, USA).

##### 4.6.2. Cell viability assay

BV2 cells were seeded in a 96-well plate (5 × 10<sup>4</sup>/mL) for adherence. The cells were then treated with various concentrations of the test compounds for 24 h. Subsequently, CCK8 solution was added to each well (10 μL/well) and incubated for an additional 2 h. Absorbance was measured at 450 nm using a microplate reader. The relative cell viability was calculated as a percentage of the control group.

##### 4.6.3. Croton-oil-induced ear edema mouse model

The protocol used was as previously reported <sup>25</sup>. Briefly, ICR mice were adaptively raised for one week before being randomly divided into different groups: the model group and treatment groups administered 10 compounds at a dose of 10.0 mg·kg<sup>-1</sup> (*n* = 10). Intraperitoneal injection dosages were calculated based on body weight at 0.1 mL/10 g, with the model group receiving an equivalent volume of solvent on the day of the experiment. Prior to administration, the animals underwent a fasting period of 5 to 6 h. One hour after intraperitoneal injection, a 2% (V/V) croton oil mixture was evenly applied to the front and back of the mouse's right ear, using 50 μL to induce inflammation. The left ear served as a self-control without any inflammatory agent applied to calculate the swelling rate. After 4 h of modeling with the croton oil mixture, the animals were sacrificed, both ears were removed, and an ear piece was punched at the same position on each ear. The weight of each ear piece was recorded to calculate the ear swelling rate using the formula: Ear swelling rate (%) = [(right ear piece weight - left ear piece weight)/left ear piece weight] × 100. Inhibition rate of ear swelling (%) = [(swelling rate of model group - swelling rate of administration group)/swelling rate of control group] × 100.

##### 4.6.4. LPS injection-induced septicemia

The model was executed as previously described <sup>26</sup>. C57BL/6

mice were randomly assigned to five groups (*n* = 5), including a control or sham group, an LPS-treated model group, a group treated with 5 or 10 mg·kg<sup>-1</sup> of **10**, and a dexamethasone treated group (2 mg·kg<sup>-1</sup>). To induce the LPS-induced septicemia model, mice were intraperitoneally injected with LPS (10 mg·kg<sup>-1</sup>). Survival was monitored for 72 h until no further deaths occurred. Blood samples were collected at 4, 6, and 24 h post-LPS injection and stored at -80 °C for further analysis.

##### 4.6.5. Rat adjuvant-induced arthritis (AIA) model

SD rats were randomly divided into four groups (*n* = 6): a control group, a model group, a positive drug methotrexate group (1 mg·kg<sup>-1</sup>), and a group treated with **10** (10 mg·kg<sup>-1</sup>). Rats in the model and treatment groups received intradermal injections of 100 μL of Freund's complete adjuvant on the left hind foot plantar surface. Intraperitoneal administration commenced on the first day after modeling. Measurements of the left knee joint circumference, hindpaw thickness, and hindpaw volume were taken every three days. Starting from the 13<sup>th</sup> day post-modeling, rats exhibited gradual development of secondary reactions. The disease score of clinical symptoms were evaluated by two independent observers.

#### Funding

This work was supported by the National Natural Science Foundation of China (No. 82293680), the National Science and CAMS Innovation Fund for Medical Science (No. 2021-I2M-1-028), and the Nonprofit Central Research Institute Fund of Chinese Academy of Medical Sciences (No. 2021-RC350-009).

#### Supporting information

Method for ECD calculation of the stereoisomers of **1–3**, bioassay protocols, 1D and 2D NMR spectra, HR-ESI-MS, IR, UV, and ECD data for new compounds **1–5**, 1D NMR spectra for the synthetic compounds **2**, **3**, and **7–13**, are available in the Supporting information, and can be requested by sending E-mail to the corresponding author.

#### Declaration of competing interest

These authors have no conflict of interest to declare.

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